



Birchfield
Luxury Residential Care Home

Newsletter
Autumn 2015
Issue 19

A Visit to the Zoo

On 16th October some of our residents took a trip to the zoo. They had a lovely time as you can see from the photos below.



Joan with the tigers



Fun at the zoo



Pete & Alisha

Our New Tuck Shop

In September Janet started up a tuck shop for our residents selling all sorts from confectionary to shower gel.

This is proving to be a great success and our residents enjoy being able to buy treats and personal items from the comfort of their armchair.



Charlotte and Janet

Afternoon Tea

We recently enjoyed a wonderful afternoon tea—lovely cakes and lots of gossiping with Sandra receiving an award for producing the world's greatest scones!



Joan with Becky enjoying the Afternoon Tea



*Sandra proudly displays
her award for the best
scones in the world!*

Rebecca



Rebecca has worked at Birchfield for nearly two years and really enjoys it. She likes to spend time with the residents and finds their stories very interesting.

Becky's hobbies are running with her mum to keep fit, eating out with her partner, Josh, and socialising with friends. She recently became a very proud Auntie for the first time to little Elsie who was born in July of this year.

Poppy's Retirement

Our lovely canine visitor, Poppy, has done her last visit in her PAT capacity and is now retiring to go and live by the seaside in a beautiful lodge by a lake side. We will all miss her very much but wish her a long and happy retirement—she deserves it!



Anne and Poppy say goodbye for now but we look forward to seeing them at our fundraising events

Macmillan Coffee Morning

We recently held a Macmillan Coffee Morning in memory of Frank Wilkinson and are very proud to say we raised £53.32.

Jane, Becky and Charlotte at the recent coffee morning



Welcome Back!



A great big welcome back to Jackie, our cook.

She has worked for us before and all the staff and residents are very happy to see her again.

A Happy Supporter



Peter was very excited to receive his ticket to the Rovers match on 28th August—we're pleased to report he had a brilliant time!

Lilly



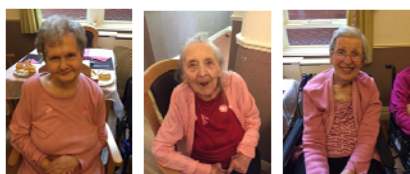
Lilly used to help her mum in the chip shop they ran and enjoyed keeping fit and dancing as well as trips to Blackpool.

She likes to recall the holidays she took to Benidorm with her husband whom she met when she was 18. They married when she was 21 and together had one daughter, Elaine.

When she was 80 Lilly met the Queen who was also celebrating her 80th birthday.

Pink Day

All the staff and some of the residents wore pink on 23rd October and raised £22.10 for breast cancer awareness.



Keep up to date with all the comings and goings at Birchfield by following us on Facebook—just search for “Birchfield Residential Care Home”!

Awesome Sing-a-long

On 3rd November we were joined by “Awesome” who entertained us with a sing-a-long and some reminiscence. As you can see, everyone who joined in had an ‘awesome’ time.



Respite Care

The holiday season is now well and truly upon us and we currently have availability in our **dedicated respite room**. If you, or anyone you know would like to take advantage of this service, please call us on **01254 266020** — we will be pleased to help in any way that we can.



Regular Activities

Keep an eye on the notice board for our new

DAILY ACTIVITY PLAN

Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.

Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.

Every **second Wednesday** we are visited by the library so if you would like to borrow books, please let us know. Also, our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

Upcoming Events

Edinburgh Mill Wool Shop Clothes Show

17th November—2pm to 4pm

Reminiscence Afternoon with Pam

20th November

Christmas Fayre

5th December

All donations for raffle prizes, tombola and cake stall welcome

Christmas Lunch at The Willows

9th December

Northeast Producers Christmas Show—Oliver!

15th December—2pm—all welcome

Christmas Party

21st December—all welcome

Christmas Day

Please let us know in advance if you would like to have Christmas Lunch with your relative

Feedback

We welcome all sorts of feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.

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