

# Newsletter Summer 2016 Issue 22

#### A Message From Our New Manager



My name is Emma McNeil and I'm very happy to join the Birchfield team as Care Home Manager. I have worked in Healthcare for 16 years and have experience in Residential, Nursing, Domiciliary care and Extra Care Housing. I have also dealt with both children and adults with complex difficulties. My most recent position was managing a Domiciliary Care Service in the Ribble Valley and Hyndburn area.

I am 34 years old and live in Blackburn with my partner, son, Callum, who is 14 and daughter, Morgan, who is 11. I have two small dogs and adore them very much—a Pug, Jayma and Boston Terrier, Bella. I spend my spare time enjoying family days and socialising with friends. I love afternoon tea and all things shabby chic and like everything to be neat and tidy. I look forward to getting to know you all properly. *Emma* 

#### 25 Years Service

Congratulations to Kath, who celebrated 25 years service at Birchfield recently.

Here she is receiving flowers from some of her colleagues in our care team.



#### A New Member of Our Volunteer Team



We are pleased to introduce Iram, our new volunteer who comes in to carry out activities with our residents. She is the daughter of a long standing staff member.

Iram is 17 and studying BTEC Applied Science at Blackburn College and will be moving to Manchester Metropolitan University in September to study Adult Nursing.

#### Digni-Tea Lunch

On 20th May we had a lovely Digni-Tea lunch. John and Jackie made a wonderful buffet and Pam and Jackie set up all the tables making everything look elegant. We would like to thank everyone who made it such a special occasion as well as Peter Pegg, who donated some delicious cakes

for the event.











### **Garden Party**

We held our annual Garden Party on 6th July and it was thoroughly enjoyed by everyone who attended.

A big thank you has to be said to Pam and Jackie for decorating the home and also to John for again providing us with a wonderful menu.



### **Baby Cuddles**

Sam Knight, our senior carer recently called in with her great nephew, Bryan.

Our resident, Eileen, loves babies thoroughly enjoyed unexpected cuddle with the beautiful little boy.



#### **Twiddlemuffs**

This is Barbara Carbery who has made and donated some Twiddlemuffs to Birchfield.

A Twiddlemuff is a hand muff with bits and bobs attached and provides sensory stimulation for those with dementia.



#### A Fond Farewell



We recently said a fond farewell to Ursula, our Care Home Manager. We wish her all the best in her new role and hope she will pop in to visit.

# Find us on Facebook

Keep up to date with all the comings and goings at Birchfield by following us on Facebook—just search for "Birchfield Residential Care Home"!

#### Reminiscence

Pam recently organised one of our favourite activities—a Reminiscence afternoon. Here are some of our residents taking a trip down memory lane with everyday items, clothing and toys of yesteryear.



## Respite Care

We know how hard you work to care for your loved ones—we also know that everyone needs a break now and then and this is why we keep a *dedicated respite room*. If you, or anyone you know would like to take advantage of this service, please call us on **01254 266020** — we will be pleased to help in any way that we can.

# Keep an eye on the notice board for our new Daily Activity Plan

Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.

Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.

Every **second Wednesday** we are visited by the library so if you would like to borrow books, please let us know. Also, our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

#### **Upcoming Events**

**Baking with Jackie** 

16th August

**Exercise with James** 

17th August—2.45pm

Ossy Mill Afternoon—shopping & tea

24th August (provisional)

**Afternoon Tea** 

25th August—2pm

Movie Afternoon

7th September—2pm

**Birchfield Fair** 

10th September—10am

**Residents Meeting** 

14th September—2pm

**Reminiscence with Pam** 

15th September—2pm

**Macmillan Coffee Morning** 

30th September—10am

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