



Birchfield
Luxury Residential Care Home

Newsletter

Issue Four
February 2012

Welcome to our quarterly newsletter

A belated Happy New Year to all our readers and welcome to our fourth quarterly newsletter.

We've all heard the expression "a picture is worth a thousand words" so we have decided to let this be the case and have included lots of photographs so that you can see for yourselves what life at Birchfield is like. We hope you enjoy them...

Mark and Kirsty Taylor

Spring has Sprung!



Or at least it will quite soon thanks to one of our senior carers who brought in some plant pots, compost and bulbs for our residents to plant ready for spring.

The pots will be monitored for growth by our residents and we are looking forward to a colourful display very soon! Look out for a progress report in our next issue.



Poppy the PAT Dog



Poppy came along for another visit a while ago with Anne. Our residents always enjoy seeing her and having a little cuddle and a chat.

Poppy always brings a smile to everyone's face and Rita Drew especially enjoys these visits as she is a great animal lover. Poppy can be seen here making friends with Nora.

Home Safari



Everyone was very excited when home safari visited again recently.

All the residents love these visits and especially this time as they brought a baby meerkat and a baby skunk. We managed to take lots of pictures and thought you might like to share the fun!



Armchair Relaxation & Exercise

Ray, our visiting physiotherapist (pictured here with resident, Connie Leeson), comes in every Saturday and gives useful but entertaining classes which include games, gentle exercise and a relaxation period. Our residents thoroughly enjoy these visits and find them very helpful in maintaining their mobility.



Testimonial

My mother was a resident at Birchfield for approximately 2 years before she passed away. She loved her time there, having her hair done and chatting to other residents and staff but she didn't like the keep fit (so pretended to be asleep)!

I, as her daughter, cannot thank and praise the staff enough for their kindness to my mum; she was very well looked after.

by Sandra Aspen, daughter of Susie Stanley

Christmas at Birchfield

Christmas was a wonderful time at Birchfield with lots to do including our Christmas Fair (which raised £210 for the Residents' fund), a Christmas party, crafts and also a trip to Botany Bay for Christmas Shopping and an early Christmas lunch. In fact, there was so much going on that we've decided to show you in pictures how much fun we had!



Jenny, one of our activities staff, got the residents together to make Christmas cards. They had a great time and we're pleased to report that there was plenty of glitter! This is Ethel with her beautiful card.



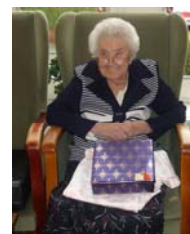
Ann, Jenny, Nora and Margaret enjoyed a natter at the Christmas party before playing the Snowman game (below).



Margaret G, Betty and Nora enjoyed their trip to Botany Bay.



Ann & John are all smiles as they open gifts on Christmas Day.



It was lovely to see Hilda Penman's family on 26th November when they came in to put up all the Christmas decorations and trees. They also went shopping for new decorations to make sure that the home looked as lovely as possible over the festive period. So, a big thank you to Hilary, Ann, Kath & family for doing this for us and giving up their valuable time.



Upcoming Events

Remember to keep an eye on the notice board for events that are currently being organised. In the meantime, here is a list of planned events at Birchfield:

18th March

Mother's Day Special Tea

31st March

Easter Fair and Raffle—10am

18th April

Victorian Entertainment—7pm

30th April

The Clothes Show— 2pm to 4pm

2nd May

Trip to Cleveleys

Date to be confirmed

Donkey Sanctuary Visit

Respite Care

We currently have availability in our ***dedicated respite room*** so please call us on **01254 266020** with your respite enquiries—we will be pleased to help in any way that we can.

Feedback

We welcome all sorts of feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.

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